### State of South Carolina

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TEL: (803) 737-5700 www.wcc.sc.gov

## Workers' Compensation Commission

February 18, 2016

The Honorable T. Scott Beck Chairman SC Workers' Compensation Commission 1333 Main Street, Suite 500 Columbia, SC 29202

Dear Chairman Beck:

On behalf of the Narcotics Use Advisory Committee (NUAC) I am pleased to present the committee's recommendations concerning the use of narcotics prescribed for patients receiving treatment as a result of a work-related injury.

The NUAC was created by the Commission in February 2014 with the charge of assessing whether or not the use of such medication for workers' compensation patients should be regulated, and, if so, recommend regulations or other administrative policies for the Commission to consider. As with other ad hoc advisory committees appointed by the Commission, the members of the NUAC represented a variety of diverse interests in the workers' compensation system and this specific issue. Enclosed is a list of the NUAC members.

The issue of narcotics and opioid use is not new. Previous efforts include Governor Haley's creation of the Prescription Drug Abuse Prevention Council (PDAPC) in Executive Order No. 2014-22 in March 2014. The PDAPC was charged with developing a comprehensive state plan to combat and prevent drug abuse. The PDAPC presented its recommendations to Governor Haley on September 29, 2015. In November 2014 the Medical Board, the SC Board of Dentistry and the South Carolina Board of Nursing approved the Joint Revised Pain Management Guidelines (JRPM Guidelines). Representatives from these groups participated in the NUAC discussion. The results of these combined efforts were beneficial to efforts of NUAC.

NUAC met five times from July 2014 to December 2015. Members participated in person or by telephone conference call. As a result of the meeting on December 17, 2015, the enclosed list of recommendations was approved by the NUAC for your consideration.

I would like to express my sincere appreciation to Commissioner Susan Barden for her time and effort to attend the meetings and other members for their participation, honest and open discussion about the issues and their diligence for remaining committed to the cause during the time it took to arrive at a final product.

Respectfully Submitted,

Richard "Ric" Davis Chairman NUAC

# **SCWCC Narcotics Use Advisory Committee**

#### Recommendations

### February 22, 2016

- 1. The Commission support PDAP Council's efforts to introduce legislation to require mandatory registration for authorized prescribers of opioids in the state's prescription drug monitoring program (PMP/SCRIPTS).
- 2. The Commission require medical service providers of workers' compensation claimants comply with the educational requirements related to opioid and narcotics use narcotics established by the SC Medical Board and SC Department of Health and Environmental Control to include specialized training for individuals with prescriptive authority on the use of opioids and narcotics.
- 3. The Commission require medical service providers who treat workers' compensation patients comply with the standard of care and guidelines for the treatment of chronic and acute pain set forth in the South Carolina Board of Medical Examiners, Board of Dentistry's and Nursing Board's Joint Revised Pain Management Guidelines adopted in November 2014.
- 4. The Commission require medical service providers who treat workers' compensation claimants register and utilize the SC PMP/SCRIPTs program.
- 5. The extent possible under the Commission's statutory and regulatory authority, allow insurance carriers and prescription benefit managers access to SCRIPTS/PDMP.
- 6. The Commission exempt treatment of acute pain treatment from the guidelines or regulations. Acute pain is defined as the normal, predicted physiological response to an adverse chemical, thermal, or mechanical stimulus and is associated with surgery, trauma, and acute illness. It is generally time-limited (less than 90 days) and is responsive to opioid therapy, among other therapies. These guidelines would not apply to a physician who is primarly providing time-limited surgical services to relieve acute pain.

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The Honorable Susan S. Barden, Commissioner SC Workers' Compensation Commission

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